



2D INFANTRY DIVISION



FRG NEWSLETTER

October Issue

20 October 2006

Hello, from the Division HQ and Freeman Hall.

I hope everyone is healthy and happy, and preparing for Halloween. The Division recently said goodbye to Command Sergeant Major Benedict and his wife Su Young, who have gone off to Ft Benning, Georgia. The patch Ceremony went well and we are looking forward to the arrival of his replacement, CSM Brian M. Stall and his wife Cheryl in early November. We also just completed the 1HBCT Warfighter exercise, with 1HBCT was busy simulating their wartime mission, and the Geronimo TAC occupied serving as the higher headquarters assisting the brigade achieve success. The Division is now preparing for the Warpath III exercise in November and the Division Warfighter in December. FIRES Brigade's reflagging ceremony to the 210th Field Artillery Brigade will also occur in late November. As we come in and out of these exercises, all the Soldiers in the Division appreciate the support you give us; we would not be successful without our families.

This, the third issue of the FRG Newsletter, includes some information that we hope will be of assistance to our FRG groups and family members. I request that you forward this information to the members of your FRG, both here and CONUS, and post it in common areas for their information. The 2ID FRG Steering Committee will hold a meeting on 2 November, followed on 3 November by a 2ID FRG meeting, at the CG's Mess. At this meeting, the CG will address the Brigade and Battalion Command Teams and FRG Leaders on FRG issues and concerns. An item of great interest is the Warrior Country Christmas in November shopping trip to the Chosun Gift Shop on 19 November. More info is below, and a flyer is attached. November is Military Family Month, and the Armed Services YMCA has announced its annual art and essay contests. There is a list of FRG events from the Warrior Activities Calendar, attached as a word document. If you have events or information you'd like included, please forward them to your Battalion FRG Leader who will forward them to our Division FRG Liaison. We will continue to expand this newsletter, and will add information from the Unit Ministry Teams for you and your families.

The attached pdf and ppt files are events from Areas I, II, and III that may also interest you. Again, if there are other items for November or later please forward them to MAJ Harris.

Thanks for your time!

Division FRG Meetings

2ID FRG Steering Committee: 1330 to 1430 2 Nov, via VTC with Brigade Command Teams

2ID FRG Meeting: 1630 to 1730, 3 Nov, CG's Mess with Brigade and Battalion Command Teams

Busses will move Command Teams from Areas II and III for arrival approximately 1600 at CRC and depart around 1930 to return to those areas.

1-72 BN FRG Meeting: 24 Oct, Camp Hovey

1-38 FA FRG Steering Committee Meeting: 24 Oct, Commander's quarters, Camp Casey

4-7 CAV FRG meeting: 25 Oct, Camp Hovey

1-15 FA BN Steering Committee Meeting: 25 Oct, S4046

BSTB Monthly FRG Meeting: 26 Oct, Camp Hovey

DSTB FRG Meeting: 26 Oct, CRC

702d BSB FRG Meeting: 27 Oct, Camp Castle

1-2 AV Halloween Kids Parade and Trick or Treat: 31 Oct, Camp Eagle

6-37 FA Battalion FRG Meeting: Memorial Chapel: 31 Oct, Camp Casey
1-15 FA BN Steering Committee Meeting: 17 Nov, Camp Hovey
2ID Christmas in November Shopping Trip: 19 Nov, Chosun Gift Shop, Yongsan
302D BSB Dining Out: 22 Nov, Carey Gym
1-15 FA BN Bravo Thanksgiving in DFAC: 23 Nov, Camp Hovey
302 BSB FRG Steering Committee Meeting: 8 Dec, Camp Hovey
4-7 CAV FRG Family Visit at KTC: 9 Dec, Camp Hovey
1-15 FA BN Steering Committee Meeting: 15 Dec, Camp Hovey
4-7 CAV Sqdn Kids Party: 21 Dec, Camp Hovey
BSTB Social and Christmas Party: 21 Dec, Camp Hovey
302 BSB FRG Christmas Holiday Tree Lighting Ceremony: 21 Dec, Camp Hovey
4-7 CAV Sqdn Christmas Party: 22 Dec, Camp Hovey
Additional events are included on the attached FRG Events list document

ARMY STRONG CAMPAIGN

The new Army Strong campaign captures the unique physical, mental and emotional character of the Soldier. Army Strong stands for a big idea. It speaks to the truth about the U.S. Army - that Soldiers develop mental, emotional and physical strength forged through shared values, teamwork, experience and training...that by making the decision to join the Army, an individual is choosing to recognize potential strength within him or herself and develop it further, that an individual Soldier is choosing to take charge of his or her future and career, and that Soldiers actively choose to make a difference in their lives, their families, their communities and for their nation.

Our Soldiers have answered the "Call to Duty" to preserve peace and freedom for more than 230 years. Their ability to fulfill this vital role for the nation depends on each of you, and on the work you do every day. Without the strong base provided by our Families, our missions would be harder, our deployments longer. The Army needs your support. You represent Army Strong.

SAFETY INFORMATION

ROAD CONDITION HOTLINE.

The changing weather conditions will have a direct effect on the road conditions throughout 2ID. If any units would like to know the current road conditions, they can call 738-7623 or log on to <http://www.korea.army.mil/Road-Conditions/Road-Conditions.htm>.

EMERGENCY PHONE NUMBERS.

The emergency phone number can be accessed through any DSN phone on every camp by dialing **911**. To access 911 on your cell phone on: **CRC: 031-870-9117, Casey: 0505-730-5906, Western Corridor: 0505-734-2117. The Prostitution and Human Trafficking 2ID Hotline is: 736-9333 or KNP-02-723-0183.** For Korean National Police call **112**. The **Sexual Assault Hotline** for active duty military victims of sexual assault and any uniformed members to provide input (anonymously if desired) to the **DOD Task Force on Care for Victims of Sexual Assault is: 011-740-0479.** A mental health care professional or chaplain will answer the Crisis Intervention Hotline. Dial H-E-L-P (4357) from any DSN phone or 0505-730-HELP from a cell phone or non-DSN phone.

IMPORTANT!

COURAGEOUS CHANNEL 06-02:

Eighth Army will conduct a Non-Combatant Evacuation Exercise in Areas I-IV from 26-29 OCT 06 to rehearse and refine NEO C2 relationships, management procedures and TTPs. This exercise is designed to facilitate the rapid relocation and safe evacuation of noncombatants from the peninsula during noncombatant evacuation operations. See your NEO warden for details.

REGISTERING TO VOTE OVERSEAS: The November elections are coming quickly as is the deadline to register to vote. Information on registering to vote in an overseas area for U.S. primary elections can be found at: <https://www.hrc.army.mil/site/Active/TAGD/pssd/psb/votingindex.htm>
This site is a tool to enable you to learn more about the process of voting in the upcoming elections including absentee voting. You will find general information needed by Soldiers and Family Members.

WARRIOR COUNTRY CHRISTMAS IN NOVEMBER: 2ID is holding the fourth annual Christmas in November shopping trip on Sunday, 19 November 2006. This event is an excellent opportunity for soldiers to complete their Christmas shopping early enough to ship their gifts to family and friends in CONUS. Busses will take Soldiers and family members from Areas I, II, and III to Yongsan garrison in order to shop at the Chosun Gift Shop, and Second hand Rose thrift shop, which are opening strictly for 2ID patrons. The Chosun Gift shop sends buyers across Asia to bring back items that make great presents, and uses profits from the sales to benefit both military and Korean charities. Additionally, the Pack and Wrap, and south Post APO will be open to facilitate getting purchases enroute to their destination quickly. The Dragon Hill Lodge will also participate by offering a Dragon Escape package of a double occupancy room for \$59 per person. This is only open to US ID Card and ration card holders. Strollers and backpacks are not allowed in the Chosun, and children under age 10 are not allowed unless carried by a parent. See your Battalion S1 for additional information, and sign up by 13 November.

NOVEMBER IS MILITARY FAMILY MONTH: Military Family Month is a time to demonstrate the nation's support for, and commitment to, the outstanding families of our military personnel. This year's observance is especially important, as several hundred-thousand servicemembers are currently deployed overseas, especially in Iraq and Afghanistan. Therefore, recognizing the sacrifices that military families make every day has never been more important. Each year during Military Family Month, the Armed Services YMCA announces its annual art and essay contests, which are co-sponsored by GEICO Direct. The contests are open to children of military families representing the Army, Navy, Air Force, Marine Corps, National Guard, reserves, Coast Guard, retirees and DoD civilian employees. First- and second-place winners in each service category receive a U.S. Savings Bond. The art contest seeks young artists in kindergarten through sixth grade to participate in the annual contest entitled, "My Military Family." Students who wish to enter this year's essay contest are asked to write about "Why My Military Dad/Mom is My Hero." The official entry form, as well as more information for each contest, can be found on the Armed Services YMCA Web site – <http://www.asymca.org>. For more information, not found on the Web site, send an e-mail to tharper@asymca.org, or call (703) 313-9600, ext. 10.

TRAINING OPPORTUNITIES

AREA 1 SPOUSE ORIENTATION

Area 1 Army Community Services offers a Family Member orientation program as part of improcessing. ACS provides two monthly spouses/civilians newcomer orientation briefings on the 2nd Wednesday of each month at Camp Casey and the 3rd and Wednesday of each month at Camp Red Cloud (CRC). Both are held at the respective camp's ACS center from 0900 to 1600. Participants are given an opportunity to attend the Warrior Readiness Center (WRC) cultural tour and lunch. Currently, spouses, civilians and tenants are offered the opportunity to attend the WRC orientation or the ACS spouse orientation. Area 1

offers instruction in English and Russian (by appointment) and is researching to offer in Pilipino and Korean. For more information call 730-3143.

AREA III SPOUSE ORIENTATION SEMINAR

Learn everything you need to know about Camp Humphreys at the next Spouse Orientation Seminar Tuesday and Wednesday, at the CAC. Day one is a classroom session with topics of interest to family members. Free child care is provided, but pre-registration is required – call 753-8321 to register. Day two offers a tour of Camp Humphreys, Anjung-ri and E-Mart. Child care is not provided but children are welcome. Call 753-8321 for information.

FRG LEADER TRAINING

Training is available for FRG Leaders, both online and at Army Community Services. This training is intended to offer support, assistance, and training to FRG Leaders, no matter your geographic location or schedule. Leading an FRG focuses on four main areas: Managing, Leading, Connecting, and Empowering. These four leadership rings overlap, and Army Soldiers and families are the core and primary focus of the FRG. Online training is available at MyArmyLifeToo.com

FINANCIAL READINESS AND MANAGEMENT PROGRAM

ACS provides financial training to assist Soldiers and Family Members become more fiscally responsible. This training is offered at ACS facilities at the listed time. Financial Readiness offers a wide range of services to individual soldiers and to units. For the individual, we can assist in preparing detailed budgets for the future. This is especially helpful to people who are about to be married, have a child, or relocate. For those who are experiencing or anticipate financial difficulties, we offer counseling and several publications to help get the situation corrected. **/730-3142/3108**

<u>DATE</u>	<u>EVENT</u>	<u>TIME</u>	<u>LOCATION</u>
23 Oct	Personal Financial Readiness	0900-1700	Camp Stanley
24 Oct	Personal Financial Management (PFMT)	0900-1700	Camp Casey
25 Oct	Understanding & Balancing your Checkbook	0900-1200	CRC
27 Oct	Understanding & Balancing your Checkbook	0900-1200	Camp Casey
7 Nov	Personal Financial Management (PFMT)	0900-1700	Camp Casey
8 Nov	Personal Financial Readiness	0900-1700	CRC
14 Nov	Personal Financial Management (PFMT)	0900-1700	Camp Stanley
17 Nov	Personal Financial Readiness	0900-1700	Camp Casey

Area III ACS offers Personal Financial Readiness Education Every Tuesday at 1300

FAMILY READINESS GROUPS: Family Readiness is the state of preparedness and a key component of mission readiness. 2ID/ Area 1 has established CARRR (Commanders Academy for Readiness, Retention, & Resilience) to facilitate education, training and communication. CARRR convenes quarterly and highlights various areas of Family Readiness. Utilizing Operation READY, AFTB and agency presentations, this forum equips Commanders and FRG Leaders with tools to sustain mission readiness. Questions for dates and times call 730-3143.

NEWS SHORTS

AREA I

CAMP CASEY CLINIC NEEDS ASSISTANCE: The Troop Medical Clinic (TMC) needs your help with chaperoning, administration, and translating. Volunteers are needed to help with our family members who are “expecting” during appointments at the clinic. Volunteers are also needed to help with answering the phone, reception, and other areas in the TMC, Pharmacy, and Dental Clininc. If you have

time to help out, have completed the Red Cross Orientation and Background Check, please contact the red Cross office at 730-3184 and let them know what time you would be able to volunteer.

AREA II

Trick or Treating: Trick or Treating on Yongsan is scheduled for 1800 to 2030 on 28 October. Children under 10 years old must be accompanied by an adult. Some basic information to make trick-or-treating safer includes wearing only flame retardant costumes and using reflective clothing as part of the costume, carrying a flashlight to assist motorists see children trick or treating, and crossing only at crosswalks. It is also recommended to use facepaints rather than masks to avoid restricting the child's vision.

AREA III

HAES Seeks Certified Applicants. Humphreys American Elementary School is looking for full-time, local hire teachers for grades 1-6. Applicants must be currently certified. For information on applying, call Renee Smith at 753-8894 or 619-0179.

UPDATE! ADVOCACY PROGRAM: Education/Preventive Services include New Parent Support activities and classes, Crisis Intervention and Referrals, Stress and Anger Management classes, Command/Troop Briefings, and other parenting classes. The overall goal is to promote effective healthy family functioning, reduce family stress, and eliminate violence through education and support programs. The three components of Family Advocacy are Education/Prevention, Intervention & Treatment. Questions for dates and times call 730-3150.

TRICARE INFORMATION

UNIFORMED SERVICES FAMILY HEALTH PLAN: The Uniformed Services Family Health Plan (USFHP) is a TRICARE Prime option available to active duty dependents, retirees and retiree family members through not-for-profit health care systems in six areas of the United States. If you use the USFHP, you must get all care through the USFHP network in your area. By using USFHP you get the TRICARE Prime program benefits, plus premium advantages and features at no extra cost. For more information about eligibility, visit the USFHP Website at: <http://www.tricare.osd.mil/faqs/Default.aspx>, or the TRICARE Website at <http://www.tricare.osd.mil/faqs/Default.aspx>. You may enroll in the USFHP at any time during the year by completing an application for the provider in your area. For more information, and to download an application, visit: <http://www.usfamilyhealthplan.org>.

TRICARE ALLOWABLE CHARGES AVAILABLE ONLINE: The new website at: <http://www.tricare.osd.mil/allowablecharges> shows the most frequently used procedures and the amount TRICARE is legally allowed to pay for them. These charges are tied to allowable charges for the Medicare program, thus making them an allowable federal standard for health care costs. It used to be that a TRICARE claims processor told the provider the allowable charge amount for services and procedures. Now anyone can see what TRICARE will pay for over 300 procedures and services.

HELPFUL WEBSITES

United States Forces Korea (USFK) <http://www.usfk.mil/USFK/index.html>
Eighth United States Army (EUSA) <http://8tharmy.korea.army.mil/>
2nd Infantry Division <http://www-2id.korea.army.mil/>
IMA Korea Region <http://ima.korea.army.mil/imakoroweb/sites/local/>
Army Families Online: <http://www.armyfamiliesonline.org/>

Military OneSource	http://www.militaryonesource.com
Military Homefront	http://www.militaryhomefront.dod.mil/
My Army Life Too	http://www.myarmylifetoo.com
US Embassy Seoul	http://seoul.usembassy.gov/
US Bureau of Citizenship and Immigration Services	http://www.uscis.gov/graphics/index.htm

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